



+++

IMANAH
INTERNATIONAL INSTITUTE OF
MAHAYOGA & NATURAL HYGIENE

Live Streaming On  YouTube

IMANAH PODCAST

SUBSCRIBE OUR CHANNEL

HOSTED BY
UMAR ALFAROOQ

GUEST APPEARANCE
DR. ARUN SHARMA

GUEST APPEARANCE
TULIKA SANADHYA

GUEST APPEARANCE
SANDEEP KUMAR SINGH

WWW.IMANAH.COM

IMANAH Podcast - Episode 4 - 20260221

● 21 Feb 2026



8:00 AM EST



6:30 PM IST

● LIVE



Speaker

Dr. Arun Sharma

Admin, Health Coach

CO-HOSTS



Dr. Tulika Sanadhya



Umar AlFarooq



Sandeep Kumar Singh

Meet two of IMANAH's life coaches as they share their journeys into natural health and drugless living.



SCAN TO REGISTER

Point your camera at the code, or open:

<https://blazor.imanah.com/events/live-podcast-imanah-21-feb-2026c414>