IMANAH HEALTH
Mahayoga & Natural Hygiene

EVENT

IMANAH Podcast - Episode 3 - 20260214

- 14 Feb 2026
- 8:00 AM EST
- 6:30 PM IST
- LIVE

Speaker
Dr. Arun Sharma
Admin, Health Coach

CO-HOSTS

Dharam Umar AlFarooq Ranjan Sundaram

Nisha Srinivasan

Unity of health: Guruji explains that disease is simply a lower level of health — raise your level of health and disease naturally dissipates, as light dispels darkness.

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