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INTERNATIONAL INSTITUTE OF
MAHAYOGA & NATURAL HYGIENE

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HOSTED BY
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DR. BISWAROOP ROY CHOWDHURY

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IMANAH Podcast - Episode 7 - 20260314

- 14 Mar 2026
-  8:00 AM EDT
-  5:30 PM IST
- LIVE



Speaker

Dr. Arun Sharma

Admin, Health Coach

CO-HOSTS



Dr. Satya Lakshmi



Umar AlFarooq



Dr. Biswaroop Roy Chowdhury

A Vedic understanding of health frames conversations on Gandhian naturopathy and one guest's health transformation and pioneering, record-setting work.



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