IMANAH HEALTH
Mahayoga & Natural Hygiene

EVENT



IMANAH Podcast - Episode 25 - 2026Jul18

- 18 Jul 2026
- 8:00 AM EDT
- 5:30 PM IST
- LIVE



Speaker
Umar AlFarooq
Hosted By

CO-HOSTS

 Rashi Tiwari.

 Dr. Arun Sharma

This 23rd episode serves as the season finale of the IMANAH podcast, hosted by Umar AlFarooq and Dr. Arun Sharma (Guruji). The discussion centers on the philosophy of nature cure—emphasizing that the human body is inhere...

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