



IMANAH Podcast - Episode 16 - 20260516

- 16 May 2026
-  8:00 AM EDT
-  5:30 PM IST
- LIVE



Speaker

Umar AlFarooq

Admin, Health Coach

CO-HOSTS



Saeed Bapat



Dr. Arun Sharma



Nandini Gulati



Manisha Goenka

Three guests share their healing journeys — a personal health turnaround, a Wellcure recovery and a holistic healing path — followed by a panel discussion and audience Q&A.



SCAN TO REGISTER

Point your camera at the code, or open:

<https://blazor.imanah.com/events/imanah-podcast-episode-16-2026051600cf>